

Writing your End of Course Assignments

Theory based assignments (Theory and Practice of Coaching and Ethics in Coaching)

You will need to write the essay mainly in your own words. You can use some quotes from our manuals or coaching books and if you do put a number after the quote and at the end of the essay you can have a bibliography which would include any numbers attached to the quotes showing where you got the quotes from. The bibliography would also include information you have used (not in quote form) in the essay that came from a source other than yourself (such as ILI Manual 1 etc). The word count should be adhered to with a margin of up to 20% over the count allowed. All these assignments to be written in essay format.

Use your Assessment Brief to write this essay and make sure you cover all the bullet points. As you include each bullet point from the brief put a tick beside the bullet point and when you have the assignment completed, read back over it and put another tick beside each bullet point so that each bullet point should have two ticks beside it – this will ensure very good marks!

Ethics in Coaching (750 words)

All the Ethics information can be found in Module 1 of Manual 1 apart from the Supervision piece which can be found in your Manual 2 page 70 and check pages 77 & 78 of your Manual 2 for information on contracting. You can of course go outside of the course materials when writing your assignment – just make sure all bullet points are covered!

Theory and Practice of Coaching (1000 words)

Information for this assignment can be found in your ILI Manuals, Co-Active Coaching and Coaching for Performance and though you do not need to, you can use other sources also when writing your assignment. There is also a piece on the Co-Active Coaching Model on your Resource Centre.

When writing this assignment do not write too much on the Models of Coaching as you should aim to keep within 10% of the word count – make sure you are including every bullet point as mentioned above.

Experience based assignments (Coaching as a Coach and Coaching as an Observer and a Client)

Naturally you will be writing these in your own words based on the notes you will have taken in class for your experience of being an observer and a client of coaching and based on your pro bono log forms for your experience of being a coach.

Observer and Client of Coaching (500 words)

This assignment is based on two sessions you observed and two sessions you were a client in. Make sure you reference in two sessions for each. Use the assessment brief for this assignment.

Coaching as a Coach (750 words)

With this assignment you will need to hand in 5 pro bono log forms, and you will need to refer to some of these log forms in your essay. You can do this when covering some of the bullet points you need to cover. Use your own referencing system when doing this (for example Client 1 Session 1, or the client's initials and the session number). Please note there is no need to include the 5 log forms when emailing or uploading this assignment – you will only need to include them when you are handing in the fully completed QQI Assignments Template on the last Saturday of the course.

You will also need to include the Assessment Briefs which need to be signed and dated (date of issue, which is the 2nd Module of your Course and date of submission which is the date you email the full QQI Assignments Template to the ILI).