



IRISH LIFE COACH INSTITUTE

*Professional Coaching & Coach Training*

## **Advanced Diploma in Personal & Business Coaching**

### **(Part 2 of Level 1 ICF Accredited Programme)**

Our Advanced Diploma in Personal & Business Coaching is aimed at all qualified professional coaches who have successfully completed the ILI's Diploma in Personal and Business Coaching course, which is Part 1 of the ILI's Level 1 ICF Accredited Programme (or an equivalent Coaching Education Award which is also ICF accredited) and who use or intend to use coaching on an ongoing basis in their daily work. This can apply to those who have already set up as full time or part time coaches (or are planning to do so) and also to those who work in a managerial, supervisory or HR capacity in their company or organization where they use coaching on a daily basis. The programme is specifically designed to fast track coaches towards their ICF ACC credential.

The course will be run over 3 or 4 months on Saturdays and/or weekday evenings and will include the following content and format:

### **Development of ICF Core Competencies**

The core of this programme will be skills development with the focus being on improving all aspects of the ICF Core Competencies and fine tuning them in preparation for your ICF ACC credential application and the Coach Knowledge Assessment (CKA). This is the online exam on the ICF CCs which is the last step in the application process).

Focus will be on the ICF Core Competencies and audio files on the competencies will be supplied for more learning outside of class hours.

Students' offsite coaching (pro bono or paid) will be regularly supervised with extensive feedback and maximum learning.

### **Presence Development**

There is a major emphasis on the development of presence in the coaching work and the lives of the participants. Students will be given specifically designed exercises for the development of presence and they will gain a deep understanding of what presence is. They will see presence demonstrated by the tutors and will practice it in all their coaching sessions and in all everyday interactions.



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### **Pathway to ICF Credentialing (ACC)**

There are three levels of ICF Credentials you can aspire to; Associate Certified Coach (ACC), Professional Certified Coach (PCC) and Master Certified Coach (MCC). Our programme can assist students who are hoping to apply for their ACC credential. To apply for this, you will need to meet the following criteria:

- ✓ At least 60 hours of Coach Specific Training
- ✓ 10 hours of Mentor Coaching
- ✓ 100 hours (75 paid) of coaching experience with at least 8 clients is required
- ✓ ACC applicants will also need to complete a Performance Evaluation which consists of one audio recorded session with transcript
- ✓ Complete the Coach Knowledge Assessment (online exam)

To attend this Advanced Diploma Course, all students will need to have already completed a minimum of 60 hours of Coach Specific Training and will need to actively work on their coaching hours over the duration of the course. During the course, students will receive their 10 mentor coaching hours (7 in group format). The timing of the 3 individual mentor coaching hours will be agreed with each of the students and will take place towards the end of the course.

**Please note the CKA online exam is not a part of the course and is the last stage of the ACC application and coaches can only complete this if they have been successful with the other aspects of the application as mentioned above.**

**Advanced Diploma Fees: €1500 – Booking Deposit: €200**

**Payments can be made on a monthly basis if required**